

Shift from Coaching Light to Coaching Heavy

Barriers to Bridges

Shift #1 From:	
To:	
Barrier	Bridge
Shift #2 From:	
To:	
Barrier	Bridge

Shift from Coaching Light to Coaching Heavy

Shift #3	
From:	
To:	
Barrier	Bridge
Shift #4	
From:	
To:	
Barrier	Bridge